



**Westcoast Women's Clinic for Midlife Health**

www.westcoastwomensclinic.com

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**NEW PATIENT CHECK-LIST**

We look forward to meeting you as a new patient at WWC. Please ensure you have the following in preparation for your first visit. Forms should be completed at home and brought to your Initial Consult. Thank you.

- New Patient Questionnaire (completed BEFORE you see the physician)
- Diet and Exercise Log (completed BEFORE you see the physician)
- Consent Form and Office Policy Forms (signed and dated)
- Copies of your most recent pap, mammogram, bone density (if applicable). Please have them faxed to our office prior to your appointment if possible.
- Blood work and relevant investigations (ie: pelvic ultrasound) in the past 18 months, if available. Please have them faxed to our office prior to your appointment if possible.
- Your personal day planner or electronic planner to book your check-ups
- Method of payment for your comprehensive urine testing kit
- Please register for the Signature Series workshop prior to seeing your physician

**Please arrive 15 minutes early and allow approximately 30 minutes after your appointment with your physician** to complete a body composition analysis and review educational materials with our Client Care Coordinator.

Your Initial Consult is a significant amount of clinic time which is reserved for you. Please be aware that there is a **\$150 no-show fee**. We also require **72 hours notice for cancellation or rescheduling** for Initial Consults. Failure to provide this notice will also result in a **\$150 fee** and no further appointments may be booked until this amount is settled. We do this in consideration of other patients to whom we could otherwise offer these appointments to. **There is a non-refundable \$50 administrative fee for all Initial Consult cancellations.**

This appointment is your time with your physician. Please arrive on time. If you arrive more than 15 minutes late for your appointment with your physician, your visit may be shortened or you may be asked to reschedule to a later date. This is also done in consideration of other patients who may have appointments booked and in an effort to keep physicians running on time.

Should you have any questions prior to your first visit, please do not hesitate to contact us. Thank you for your understanding and cooperation.